

Adult Health and Wellness Guidelines

Females Ages 40-49



State and School Employees' Life and Health Insurance Plan

Not Subject to Calendar Year Deductible • 100% of allowable for covered procedures
Payable only for Network Providers and for Blue Plan Providers (outside Mississippi)

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Preventive medicine evaluation, re-evaluation, or office visit. Two (2) visits per year Blood pressure, one (1) procedure per year Breast exam, one (1) procedure per year	99386: Initial preventive medicine evaluation 99396: Periodic preventive medicine re-evaluation 99201-99205: Office or other outpatient, new patient 99211-99215: Office or other outpatient services, established patient G0402: initial preventive physical examination, face-to-face visit, services limited G0438: Annual Wellness Visit; includes a personalized prevention plan of service, initial visit G0439: Annual Wellness Visit; includes a personalized prevention plan of service, subsequent visit S0610-S0613: Annual gynecological examination.
Hemoglobin, hematocrit, or CBC. One (1) procedure per year	85018: Hemoglobin 85013, 85014: Hematocrit 85025, 85027, 85032, 85041, G0306, G0307
Urinalysis One (1) procedure per year	81000, 81001, 81002, 81003: Urinalysis
Immunizations/TB skin test as needed	See Immunization Codes
Pap smear and pelvic exam One (1) procedure per year	88141, 88142, 88143, 88147, 88148, 88150, 88152, 88153, 88154, 88164, 88165, 88166, 88167, 88174, 88175, G0101, G0123, G0124, G0141, G0143, G0144, G0145, G0147, G0148: pap smear 87620, 87621, 87622 (HPV testing) when performed in conjunction with pap smear

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Lipid Profile Includes Cholesterol, Serum, Total (82465) lipoprotein, Direct measurement, High density cholesterol (HDL Cholesterol) (83718) One (1) per year	80061: Lipid Profile
Mammogram One (1) procedure per year	77051, 77052, 77053, 77054, 77055, 77056, 77057, G0202, G0204, G0206, S8075: Mammography Provider interpretation for mammography (77051 and 77052 if used in conjunction with primary mammogram procedure code)
Stool for occult blood One (1) procedure per year	82270-82274, G0328, G0394: Blood, occult, feces, 1 - 3 simultaneous determinations
Glucose One (1) procedure per year For high-risk individuals only	82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 82950: Post glucose dose 82951: Tolerance test (GTT), three specimens 82962: Glucose, blood by glucose monitoring devices(s)
Diabetes Screening One (1) procedure per year	83036-83037: Hemoglobin; A1C
Gestational Diabetes Mellitus Screening One (1) per pregnancy For asymptomatic pregnant women after 24 weeks	82947: Glucose, quantitative 82948: Glucose, blood, reagent strip 82950: Post glucose dose 82962: Glucose, blood by glucose monitoring device(s) 36415 and 36416: Routine venipuncture
Routine venipuncture for collection of specimens for any age	36415 and 36416: Routine venipuncture

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Breast and Ovarian Cancer Susceptibility, Genetic Risk Assessment and BRCA Mutation Testing	81211-81217: Ovarian/Breast Cancer Molecular diagnostics 83890-83894: Ovarian/Breast Cancer Molecular diagnostics 83896-83898: Ovarian/Breast Cancer Molecular diagnostics 83900-83909: Ovarian/Breast Cancer Molecular diagnostics 83912: Ovarian/Breast Cancer Molecular diagnostics 88271-88272: Molecular cytogenetics 99401-99402: Preventive medicine counseling S3818: Complete gene sequence analysis; BRCA1 gene S3819: Complete gene sequence analysis; BRCA2 gene S3820: Complete BRCA1 and BRCA2 gene sequence analysis for susceptibility to breast and ovarian cancer S3822: Single mutation analysis for susceptibility to breast and ovarian cancer S3823: Three-mutation BRCA1 and BRCA2 analysis
Gonorrhea, Screening Sexually active women only	87081: Culture, presumptive, pathogenic organisms, screening only 87205: Smear, primary source with interpretation 87492: Infectious agent detection by nucleic acid (DNA or RNA) 87590-87591: Infectious agent detection by nucleic acid (DNA or RNA) 87800-87801: Infectious agent detection by nucleic acid (DNA or RNA) 87850: Infectious agent detection by Immunoassay with direct optical observation
Alcohol Misuse Screening and Behavioral Counseling Interventions	96150-96155: Health and behavior assessment and intervention 98960-98962: Education and training for patient self-management 99386 and 99396: Comprehensive preventive services 99401-99404: Preventive counseling 99406-99409: Alcohol abuse structured screening & brief intervention H0001: Alcohol and/or drug assessment H0004: Behavioral health counseling H0049: Alcohol and other drug screening H0050: Alcohol and/or Drug services
Breastfeeding, Primary Care Interventions to Promote and Support Breastfeeding	99401-99404: Preventive medicine counseling/risk factor reduction 98960: Education and training for patient self-management
Breastfeeding, Equipment One (1) manual breast pump per pregnancy	E0602: Breast pump, manual, any type ONLY COVERED WHEN SUBMITTED WITH PRIMARY DIAGNOSIS V241

PROCEDURE/FREQUENCY	CPT CODES ACCEPTED FOR EACH PROCEDURE
Breastfeeding Supplies	A4281: Tubing for breast pump, replacement A4282: Adapter for breast pump, replacement A4283: Cap for breast pump bottle, replacement A4284: Breast shield and splash protector for use with breast pump, replacement A4285: Polycarbonate bottle for use with breast pump, replacement A4286: Locking ring for breast pump, replacement ONLY COVERED WHEN SUBMITTED WITH PRIMARY DIAGNOSIS V241
Diet, Behavioral Counseling in Primary Care to Promote Health	99402-99404: Preventive medicine counseling/risk factor reduction, individual 99411-99412: Preventive medicine counseling/risk factor reduction, group 98960: Education and training for patient self-management S9470: Nutritional counseling, dietician visit
HIV, Screening	86689: HTLV or HIV antibody, confirmatory test 86701: HIV-1 antibody 86702: HIV-2 antibody 86703: HIV-1 and HIV-2 antibody, single assay 87389: HIV-1 antigen(s), with HIV -1 and HIV-2 antibodies, single result (One (1) code allowed per calendar year) 87390: Infectious agent antigen detection by enzyme immunoassay 87391: Infectious agent detection by enzyme immunoassay technique, qualitative or semiquantitative, multiple step method; HIV- 2 (One (1) code allowed per calendar year) 87534-87536: Infectious agent antigen detection by nucleic acid (DNA or RNA) S3645: HIV antibody testing of oral mucosal transudate
Sexually Transmitted Infections, Counseling	99401-99404: Preventive medicine counseling/risk factor reduction 99411: Preventive medicine counseling/risk factor reduction
Syphilis Infection, Screening	86592-86593: Syphilis test 86781: Antibody 87166: Dark Field examination 87164: Dark Field examination 87285: Treponema pallidum antigen

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Contraception Counseling and Coverage	J7301-J7302: Levonorgestrel-Releasing Intrauterine Contraceptive System J7303: Contraceptive supply, hormone containing vaginal ring, each J7304: Contraceptive supply, hormone, containing patch, each J7306: Levonorgestrel (contraceptive) implant system, including implants and supplies J7307: Etonogestrel *contraceptive) implant system, including implant and supplies 96372: Therapeutic, prophylactic, or diagnostic injection (specify substance or drug); subcutaneous or intramuscular 11981: Insertion, non-biodegradable drug delivery implant 11982: Removal, non-biodegradable drug delivery implant 11983: Removal with reinsertion, non-biodegradable drug delivery implant
Insertion of intrauterine Device One (1) device and insertion every five (5) years	58300: Insertion of intrauterine Device J7300: Intrauterine Copper Contraceptive J7302: Levonorgestrel – releasing intrauterine contraceptive system, 52mg S4989: Contraceptive intrauterine device (e.g., Progestacert IUD), including implants and supplies
Inpatient/Outpatient Tubal Ligation	58565: Bilateral Fallopian tube cannulation to induce occlusion by placement of permanent implants 58600: Ligation or transection of fallopian tube(s), abdominal or vaginal approach, unilateral or bilateral 58605: Ligation or transection of fallopian tube(s), abdominal or vaginal approach, postpartum, unilateral or bilateral, during same hospitalization 58611: Ligation or transection of fallopian tube(s) when done at the time of cesarean delivery or Intra-abdominal surgery 58670: Laparoscopy, surgical, with fulguration of oviducts (with or without transection) 58671: Laparoscopy, surgical; with occlusion of oviducts by device (e.g., band, clip, or falope ring) 00851: Anesthesia, tubal ligation/transection
Hepatitis C (HCV) Screening Ages 48-68 One (1) procedure per lifetime	86803: Hepatitis C Antibody